



Uniform Requirements

Intermediate Foundation - Female

Leotard

Black Leotard



Crossover

Black Crossover



Shorts / Leggings

CDA shorts or leggings

for Stretch & Strength class



Tights

Theatrical pink convertible tights



Ballet Shoes

Soft Canvas Split Sole with Ribbons



Optional

CDA Logo Items



Pointe Shoes



Pointe shoes are required for student examinations in the intermediate foundation level and above.

PLEASE DO NOT BUY POINTE SHOES UNTIL YOU RECIEVE CONFIRMATION WITH THE CDA DIRECTOR.

Before a student can progress onto pointe work, they must pass a series of strength tests and gain approval with a dance physiotherapist in a 'pre-pointe assessment'. Once approval has been given by the physio & the CDA director, we will advise you on how to get professionally fitted for your first pair of pointe shoes.